



# LOUISIANA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DELAINE RODICK**

Has Established The

**-63 JUNIOR RAW RECORD (2015-2021)  
70 KG BENCH PRESS SINGLE LIFT**

**LA TECH INTERSQUAD MEET  
12/10/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport