



NEW JERSEY STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

HELEN WHITE

Has Established The

**-63 MASTER 2A EQUIPPED RECORD (2015-2021)
117.5 KG DEADLIFT SINGLE LIFT**

**2014 WOMENS NATIONALS
05/16/2014**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport