



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KNUTE DOUGLAS**

Has Established The

**-83 JUNIOR EQUIPPED RECORD (2015-2021)  
207.5 KG BENCH PRESS SINGLE LIFT**

**2013 MENS TEEN & JR NATIONALS - 6/21/13  
01/01/2013**



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