

## MISSISSIPPI STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **KNUTE DOUGLAS**

Has Established The

-83 OPEN EQUIPPED RECORD (2015-2021)
542.5 KG TOTAL PUSH-PULL

IPF OPEN WORLDS CHAMPIONSHIPS, HAMM (LUXEMBOURG)
11/09/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport