



MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN BLESSINGTON

Has Established The

**-57 MASTER 1B EQUIPPED RECORD (2015-2021)
80 KG BENCH PRESS**

**NORTHEAST IRON BEAST CLASSIC IV NYS CHAMPIONSHIPS
01/28/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport