



IOWA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TERIE TISHIM

Has Established The

**-84 MASTER 1B RAW RECORD (2015-2021)
280 KG TOTAL**

**BEST OF THE MIDWEST CHAMPIONSHIPS, CEDAR RAPIDS, IA
10/25/2014**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport