



ILLINOIS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

HEIDI TINNEY

Has Established The

**-63 MASTER 1B RAW RECORD (2015-2021)
42.5 KG BENCH PRESS SINGLE LIFT**

QUAD CITY THROW DOWN

03/04/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport