



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYDIA MELE**

Has Established The

**-72 TEEN 3**

**132.5 KG BENCH PRESS SINGLE LIFT**

**2017 COLLEGIATE NATIONAL CHAMPIONSHIP**

**04/07/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport