

## MAINE STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **JEROME PARCHINSKI**

Has Established The

-105 MASTER 1A RAW RECORD (2015-2021) 190 KG TOTAL PUSH-PULL

2017 NEW HAMPSHIRE STATE CHAMPIONSHIP 04/29/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport