



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RACHEL BLAIR**

Has Established The

**-84 OPEN EQUIPPED RECORD (2015-2021)  
182.5 KG SQUAT**

**NEBRASKA STATE CHAMPIONSHIPS  
04/29/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport