

## ILLINOIS STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **LONNIE DICKINSON**

Has Established The

120+ MASTER 1B RAW RECORD (2015-2021) 240 KG BENCH PRESS SINGLE LIFT

MICHIGAN PL AND BENCH CHAMPIONSHIPS 11/05/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport