



## **NEW JERSEY STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**HELEN "KATHIE" WHITE**

Has Established The

**-63 OPEN RECORD  
202.5 KG TOTAL PUSH-PULL**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP  
05/19/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport