



## **NEW MEXICO STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**BILL HELMICH**

Has Established The

**-105 MASTER 3A EQUIPPED RECORD (2015-2021)  
205 KG SQUAT**

**NAPF  
08/01/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport