



# OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BEN FRIEL**

Has Established The

**-66 TEEN 2 RAW RECORD (2015-2021)  
97.5 KG BENCH PRESS SINGLE LIFT**

**2017 OHIO STATE CHAMPIONSHIPS  
06/03/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport