



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHLEY MITCHELL**

Has Established The

**-43 TEEN 3  
142.5 KG DEADLIFT**

**MEN'S AND WOMEN'S NATIONALS  
05/15/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport