



LOUISIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ASHLEY GICAS

Has Established The

**-72 OPEN EQUIPPED RECORD (2015-2021)
115 KG BENCH PRESS SINGLE LIFT**

**COLLEGIATE NATIONALS (ATLANTA, GEORGIA)
04/11/2015**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport