



DELAWARE STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RAISHEL PHARES

Has Established The

**-47 OPEN RAW RECORD (2015-2021)
180 KG TOTAL PUSH-PULL**

**2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP
08/04/2017**

DECEMBER 7, 1787



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport