



CALIFORNIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JOHN PLANAS



Has Established The

**-120 MASTER 1A RAW RECORD (2015-2021)
315 KG DEADLIFT SINGLE LIFT**

**CA STATE GAMES & USA MASTERS GAMES
07/15/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport