

## CALIFORNIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **JOHN PLANAS**

Has Established The

-120 MASTER 1A RAW RECORD (2015-2021) 527.5 KG TOTAL PUSH-PULL

> 2014 CALIFORNIA STATE GAMES 07/12/2014



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport