

PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CATHY AVERY

Has Established The

-63 MASTER 1A RAW RECORD (2015-2021) 215 KG TOTAL PUSH-PULL

2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP 08/04/2017



www.usapowerlifting.com America's Choice Drug-Free Strength Sport