



PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DONALD SHIRK

Has Established The

-83 MASTER 4B

Raw Record (2015-2021)

52.5 KG BENCH PRESS SINGLE LIFT

2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP

08/04/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport