

## GEORGIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## LARA STURM

Has Established The

-63 MASTER 1A EQUIPPED RECORD (2015-2021)
100 KG BENCH PRESS SINGLE LIFT

IPF WORLD MASTER BENCH - NORTHUMBERLAND- GREAT BRITAIN
04/17/2014



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport