



INDIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ROB LANGWELL

Has Established The

**-93 MASTER 1A RAW RECORD (2015-2021)
155 KG BENCH PRESS SINGLE LIFT**

**NORTHERN INDIANA BENCH & DEADLIFT CHAMPIONSHIPS
06/24/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport