

ILLINOIS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

HEIDI TINNEY

Has Established The

-63 MASTER 1A RAW RECORD (2015-2021) 47.5 KG BENCH PRESS SINGLE LIFT

> QUAD CITY IRON THRILLER 11/19/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport