



# NEW MEXICO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BILL HELMICH**

Has Established The

**-120 MASTER 4 RECORD  
155 KG BENCH PRESS SINGLE LIFT**

**IPF MASTER BENCHPRESS WORLDS  
04/16/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport