

## NATIONAL RECORD CERTIFICATE

## THIS CERTIFIES THAT

## LIZZ SMULLEN

Has Established The

-57 OPEN REGIONAL - NORTHEAST (2015-2021) 80 KG BENCH PRESS SINGLE LIFT

> 2013 BENCH PRESS NATIONALS 01/01/2013



www.usapowerlifting.com

America's Choice Drug Free Strength Sport