



NATIONAL RECORD CERTIFICATE

THIS CERTIFIES THAT

JILL ARNOW

Has Established The

**84+ OPEN REGIONAL - NORTHEAST (2015-2021)
122.5 KG BENCH PRESS SINGLE LIFT**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP
05/19/2017**



www.usapowerlifting.com

America's Choice Drug Free Strength Sport