

INDIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CIARA LARA

Has Established The

-52 TEEN 3 RAW RECORD (2015-2021) 100 KG SQUAT

2017 CHICAGOLAND WOMEN'S RAW NOVICE 11/05/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport