



## ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ADAM RAMSAY**

Has Established The

**-83 JUNIOR EQUIPPED RECORD (2015-2021)  
224.53 KG SQUAT**

**17TH ANNUAL KETCHIKAN WINTER MEET  
12/09/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport