



OKLAHOMA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN HUMPHRIES

Has Established The

**-90 MASTER 2A RAW RECORD (2015-2021)
65 KG BENCH PRESS SINGLE LIFT**

**2017 OK SUMMER BASH
08/26/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport