



ARIZONA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

AHMED SHAFIK

Has Established The

**-83 MASTER 1A RAW RECORD (2015-2021)
192.5 KG BENCH PRESS SINGLE LIFT**

**VALENTINE'S DAY LOVER'S QUARREL
02/14/2015**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport