



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

AMANDA SHAY

Has Established The

**-57 OPEN EQUIPPED RECORD (2015-2021)
272.5 KG TOTAL PUSH-PULL**

**THE ARNOLD - SBD PRO AMERICAN
03/03/2018**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport