

## IOWA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **AMARIASIA DIGGS**

Has Established The

-84 TEEN 2 EQUIPPED RECORD (2015-2021)
110 KG DEADLIFT SINGLE LIFT

2018 HIGH SCHOOL NATIONAL CHAMPIONSHIPS 03/22/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport