



MISSOURI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CHRISTINE HARMS

Has Established The

**-63 MASTER 3A RAW RECORD (2015-2021)
40 KG BENCH PRESS SINGLE LIFT**

**2018 MISSOURI STATE CHAMPIONSHIPS
05/05/2018**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport