



DELAWARE STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TAMARA THOMAS

Has Established The

**-84 JUNIOR RAW RECORD (2015-2021)
77.5 KG BENCH PRESS**

**2018 COLLEGIATE NATIONALS
04/19/2018**

DECEMBER 7, 1787



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport