



# CONNECTICUT STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LINDSAY MONGILLO**

Has Established The

**-63 OPEN EQUIPPED RECORD (2015-2021)  
187.5 KG TOTAL PUSH-PULL**

**CONNECTICUT STATE CHAMPIONSHIP AND MAY SHOWDOWN  
05/06/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport