

MINNESOTA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JOHN MILNES

Has Established The

-105 MASTER 4A RAW RECORD (2015-2021) 182.5 KG DEADLIFT

2018 AMERICAN STRENGTH MASTERS BRAWL 04/21/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport