



PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ELLEN FERRA

Has Established The

**-63 MASTER 2A RAW RECORD (2015-2021)
67.5 KG BENCH PRESS SINGLE LIFT**

**MID-ATLANTIC REGIONALS
08/05/2018**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport