



MICHIGAN STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

MIGUEL RUELAN

Has Established The

**-83 MASTER 1B EQUIPPED RECORD (2015-2021)
190 KG BENCH PRESS SINGLE LIFT**

**2017 NAPF BENCH PRESS CHAMPIONSHIP
10/27/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport