



MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN BLESSINGTON

Has Established The

**-57 MASTER 1A MASSACHUSETTS RAW STATE RECORD (2015-2021)
75 KG BENCH PRESS SINGLE LIFT**

BENCH PRESS NATIONALS

09/15/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport