



# **VIRGINIA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**RICHARD CHO**

Has Established The

**-74 JUNIOR RAW RECORD (2015-2021)**

**687.5 KG TOTAL**

**RAW NATIONALS**

**10/11/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport