

HAWAII STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KRISSTY SUMIDA

Has Established The

-47 OPEN EQUIPPED RECORD (2015-2021) 62.5 KG BENCH PRESS SINGLE LIFT

2019 WINTER CLASSIC AND NORTHEAST COLLEGIATE REGIONAL 02/16/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport