



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DAVID RICKS**

Has Established The

**-93 MASTER 3A RAW (2015-2021)  
310 KG SQUAT**

**ARNOLD - GRAND PRIX BY SBD  
03/02/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport