



## **SOUTH DAKOTA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**RACHEL FOLDE**

Has Established The

**-63 TEEN 3 RAW RECORD (2015-2021)**

**52.5 KG BENCH PRESS**

**HIGH SCHOOL NATIONALS**

**03/28/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport