

CALIFORNIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JON GRUDEN

Has Established The

-83 OPEN RAW RECORD (2015-2021) 182.5 KG BENCH PRESS PUSH-PULL

35TH ANNUAL FLORIDA STATE POWERLIFTING CHAMPIONSHIP 05/28/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport