



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LAURA STYRLUND**

Has Established The

**-84 MASTER 2A EQUIPPED (2015-2021)  
136.5 KG BENCH PRESS SINGLE LIFT**

**2019 OPEN NATIONALS  
05/03/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport