



MARYLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RYAN HANDEL

Has Established The

**-53 TEEN 3 RAW RECORD (2015-2021)
340 KG TOTAL**

**CONNECTICUT LADIES OF IRON STATE CHAMPIONSHIPS & MAY SHOWDOWN
05/04/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport