

VIRGINIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RICHARD CHO

Has Established The

-74 OPEN RAW RECORD (2015-2021) 268 KG SQUAT

IPF 7TH WORLD CLASSIC CHAMPIONSHIPS - HELSINGBORG, SWEDE 06/04/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport