



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**-84 MASTER 3A MASSACHUSETTS RAW STATE RECORD (2015-2021)  
82.5 KG BENCH PRESS SINGLE LIFT**

**2019 BENCH NATIONALS  
08/31/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport