



# ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JAMIE BRIDGES**

Has Established The

**-63 OPEN EQUIPPED RECORD (2015-2021)  
95 KG BENCH PRESS SINGLE LIFT**

**2019 BENCH NATIONALS  
08/31/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport